

Learn to Square Dance With Us!



**Fun, Friendship,
and Fitness!**



Get your steps in while you laugh, move, and make new friends! Enjoy great music and easy steps guided by a lively instructor.



No partner or special attire required.
Just come as you are and be ready to
have a good time!

Come see what we're all about

- When?** New 16-week class starts Sunday
January 18 & 25, 5 - 6:30pm
- Where?** La Mesa Adult Enrichment Center
(8450 La Mesa Blvd, La Mesa CA 91942)
- Cost?** \$5/class, first class FREE!

sundownsquareslamesa.weebly.com

Be there **and** be square!

